

DAY 1 – Day of Mask Application

1. After recommended time of application has elapsed, remove the cosmelan® 1 Mask with mesoestetic® Milk or Gel Cleanser and warm water.
2. Immediately after removing mask, apply (to dry skin) a small amount of the Hydravital Factor K Cream over the entire facial area. This cream will soothe and hydrate the skin, while contributing to the brightening of the complexion.

DAY 2 – 8 weeks (or until completing 1st jar of Cosmelan 2 Maintenance Cream)

1. Cleanse daily with mesoestetic® Milk or Gel Cleanser and warm water. The Hydratonic may be introduced to the daily cleansing routine when the skin is comfortable doing so. The Hydratonic will soothe skin and increase hydration.
2. **Regular Cosmelan** - After cleansing the skin, apply a “pea size” of cosmelan® 2 Maintenance Cream to the entire facial area. Allow to penetrate 15 minutes.
3. **Cosmelan MD** – After cleansing the skin, apply only the Hydra Vital Factor K Cream and SPF for 3 days. Do not begin using the cosmelan® 2 Maintenance Cream until 3 days post mask removal.
 - For regular cosmelan®: Apply cosmelan® 2 Maintenance Cream 2 times per day.
 - For cosmelan MD®: Apply 1 to 2 times per day depending on comfort level.

***Note:** Be flexible with the home care recommendation, if stinging or excessive irritation occurs, try using the cosmelan® 2 Maintenance Cream only 1 time per day or discontinue use for 2 or 3 days, then return to using 1 time per day eventually working up to 2 times per day. Every skin type is different and some may be more sensitive than others.

4. Apply a small amount of Hydravital Factor K Cream both morning and evening.
5. Complete with an application of mesoestetic® Complete Moisturizing Sunscreen (for normal to dry skin) or mesoestetic® Dermatological Complete Sunscreen (for combination to oily skin).

WEEKS 8 – 6 months (If previously using cosmelan® 2 Maintenance Cream 2 times per day)

1. Cleanse daily with mesoestetic® Milk or Gel Cleanser and warm water. The Hydratonic may be introduced to the daily cleansing routine when the skin is comfortable doing so. The Hydratonic will soothe skin and increase hydration.
2. After cleansing the skin, apply a “pea size” of cosmelan® 2 Maintenance Cream to the entire facial area 1 x per day. Allow to penetrate 15 minutes.